

# Alternative Safe Environment Training



Middle and High School



# Intro to Lures...

- Sexual abuse often occurs in stages
- Offender may “groom” victim
- Parents may also be “groomed” to lower suspicion or build trust.
- Gives gifts, takes trips, shares special times

# Lures

- Offender builds immense trust
- Victim vulnerable
- Victim feels special relationship
- Victim may feel helpless
- Secrecy



# LURES

To stay safe we must be aware of lures, which include the following:

- **Special affection.** This lure happens when an abuser tells us how special we are and anything else that will make us feel like she or he cares more about us than anyone else.

**For example:** an abuser might tell us that no one loves us the way he or she does.



# LURES

- **Asking for assistance.** In this lure an abuser asks us for help in finding a pet, finding a house or store, or even finding our parents. Really tricky people might get another young person or child to ask for our help. Remember, adults don't ask young people for help; they ask other adults.

**LOST PUPPY**

**REWARD FOR  
RETURN**



# Example

Paul, 16, is walking home from school. A stranger stops and asks for directions to the pharmacy several blocks away. Paul explains, but the guy still looks confused. He asks if Paul will ride along and show him the way. Paul agrees.



After showing the way, the guy says thanks and Paul hops out and goes home.

Should Paul tell his parents?





Three weeks later, Paul is walking home and the same guy stops. “Good to see you again. Thank you for your help the other day. I’m new in town and it really helped. Would you like to get a shake?”

Paul hops in and they go get a shake.

Think about it.

Should Paul tell his parents?

Are they now friends?

Is there any reason for concern?

A couple of weeks later Paul is walking home. The new guy in town calls him over to the car and says, “I’m all settled in my new place. I’m setting up a sound studio. Want to help?”

Paul hops in the car.



This is when the abuse began....

A beer

Pornography

Touching



# LURES



Example:  
"Hey, I'll buy  
you a new  
video game if  
you come with  
me."

- **Bribery.** Often lures happen when an abuser offers gifts, rides, food, a job, a chance to be a star, lots of money, or something else we might think is really great. **Never** go anywhere with anyone who says you have to leave with him or her to receive a gift.

# LURES

- **Curiosity.** Abusers sometimes try to exploit our natural and wonderful sense of curiosity by offering to show us something exciting, special, fun, magical, dangerous, nasty, or even sexual. In this lure the abuser uses whatever words or actions she or he believes will trick us.

Example: "Hey, I want to put you in my music video. You are perfect for the part."



- **Authority figure or hero.** Some abusers use a position of authority (police officer, teacher, family friend, relative) to get us to do what they want. Never leave a store, mall, or park with anyone without your parents' permission.

**LURES**



# LURES

- **Crisis situation.** This commonly used lure involves someone pretending that our parents are sick, that our house is on fire, or that our parents have granted permission for him or her to be with us.



**Example: An abuser might find you on a walk home from school and insist that your mom or dad has been in an accident and that you need to go with him or her to the hospital.**



**Tip: Get away and if you have a cell phone, call your mom, dad or other trusted adult to check out the story.**

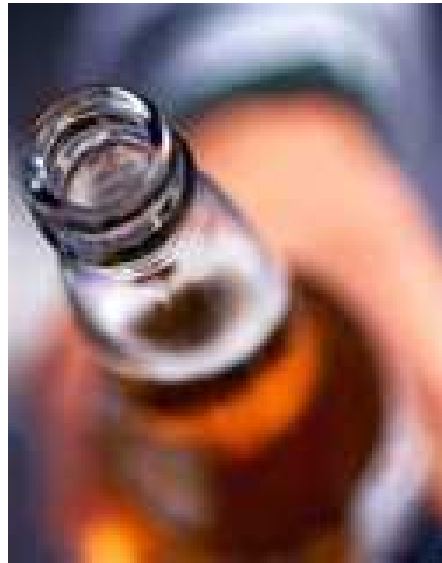
# My Space

Erica has been fighting with Kate. In order to get back at her, she posted some false and damaging statements on My Space.

“Kate looks so skinny because she has been stealing her little sister’s Adderall to control her appetite.”

Welcome to  
My Space

“Kate is a member of Students Against Drunk Driving. What a joke!!! Too bad the cops haven’t smelled her breath lately.”





# Think about it

You are friends with both Erica and Kate.  
You know the My Space statements are not true.

Should you do anything? What?

# Now What?

You have just found out that one of the statements posted about Kate is true.

What should you do?

Think about it...

# Scenario



Marie is almost 16. She is dating Rick, 21. They have been a couple for 15 months. He is in college and takes her to a lot of parties where there is drinking and drugs. She loves Rick and is very proud of her mature boyfriend.

What do you think?

# Did you know?

In KY, if anyone has sex with someone under 12, it is statutory Rape.

- In KY, if an adult 18 or over has sex with a minor under 14, it is statutory rape.
- In KY, if an adult 21 or over has sex with a minor under 16, it is statutory rape.

Note: This applies even if there is consent from both parties.

# Scenario

Linda and Jim have been dating for six months.

Linda's friends have noticed that she doesn't spend much time with them. All her time is with Jim.



Several weeks ago, Linda had a black-eye. She said her little brother hit her with a toy.

Yesterday, she had a large bruise on her neck. She tried to hide it with a scarf.



Jim gets mad if Linda talks to other guys. When she is not at school, he calls her every 30 minutes to find out what she is doing. She says he loves her so much that he wants to hear her voice as much as possible.

One night, Jim was so mad he made Linda get out of the car and walk home.

# What do you think?

Jim is a controller and an abuser. Linda is not allowed to make her own choices or talk to friends. She is not able to recognize the fact that she is in an abusive relationship.

# What should you do?

- Talk to Linda. Tell her what you have observed. Say something like,  
*“I know you are happy, but I’m concerned about you. Maybe you should talk to an adult about it.”*
- Talk to an adult about your concerns for Linda and ask if they can help.



# Code of Conduct Middle and High School



I will treat everyone with:

- RESPECT
- COURTESY
- DIGNITY
- PATIENCE
- LOYALTY
- INTEGRITY



I will behave in a way that respects the rights of all.



Think of examples.

# Scenario 1

During a break while on the class field trip, some guys are making sexual comments about girls in their class. A chaperoning dad overhears, thinks it's rude, and soon has shifted the conversation to the "hot" reality show from last night.

What's the problem?

# Scenario 1 cont.

- Everyone bears some responsibility here. The young people's Code of Conduct states, in part:

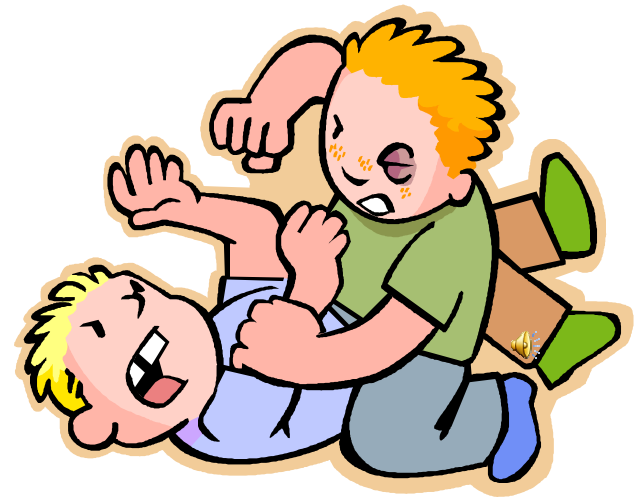
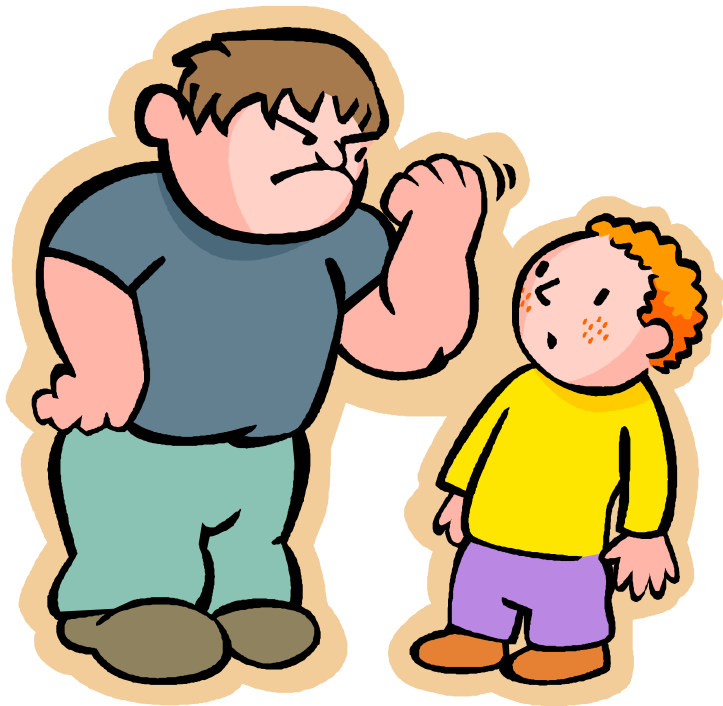
**“I will treat everyone with respect, courtesy, dignity, patience, loyalty and integrity. I will behave in a way that respects the rights of all.”**

- Just because these disrespectful statements are not made directly to the people involved, these young people are poorly representing their school or parish (and their faith). Plus, gossip can cause a lot of damage.

# Scenario 1 cont.

- And the grown-up? The adult's Code of Conduct states, in part:  
**“I will not engage with minors...in topics of conversation, vocabulary or any other form of personal interaction or entertainment that could not reasonably be used in the presence of parents or a responsible adult. I will not engage in sexually oriented conversations with anyone except in the context of sharing the Church's teaching on human sexuality.”**
- When this adult heard the young people, he should have reminded them that the conversation was inappropriate and disrespectful. Then he could have started talking about last night's ball game or what their summer plans were.

If I am being hurt or if I become aware that anyone is being hurt verbally/physically, I will notify a supervising adult.



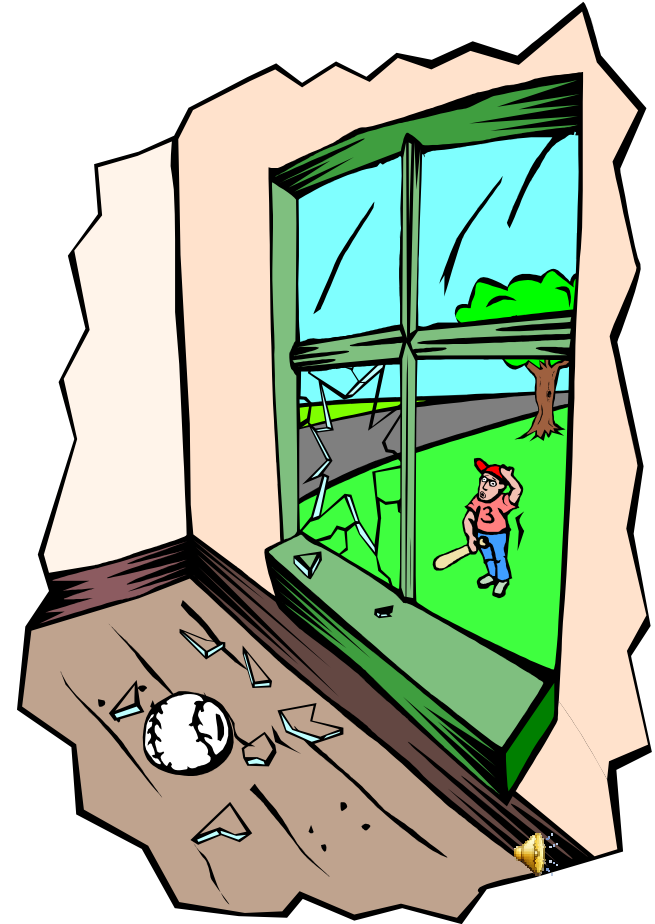


I will be cooperative  
and do those things that  
promote a good  
reputation for my  
school/parish and me.





I will treat property with care. If I break something, I will tell my supervising adult.





I will avoid posing any health risk to others (i.e. fevers or other contagious situations).

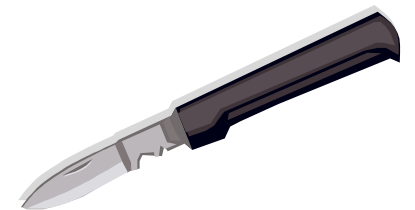


I understand the use of cell phones and other electronic equipment is highly discouraged, unless a supervising adult grants permission.





I will not possess/use/purchase tobacco, alcohol, illegal drugs, weapons, inappropriate videos, inappropriate reading materials, or other inappropriate objects.





## Scenario 2:

Bill's dad likes to be thought of as a little wild. When he drives you and the guys home from practice, he shares off-color jokes and tells stories about the crazy (occasionally illegal) stuff he's done. Bill often brags about how easy it is to get beer at his house. This weekend Bill's having a few friends for a party, and he's invited you. What are the risks?

# Scenario 2 cont.

- When Bill's dad is operating as a parent (and not as a supervisory adult), his behavior is not governed by the diocese's Adult Code of Conduct; however, your brain should be putting out some serious red flags. Bill and his dad have a distorted view about appropriate conduct, and you're being drawn in.

# You have several choices:

- Tell Bill you can't go and say nothing about why.
- Tell Bill you better not go; explain to him why you think it's a bad situation. Remind Bill that his dad could get arrested for providing alcohol to people who are underage.
- Go to the party. First talk with your parents or other trusted adult. Have a plan for how you'll leave if there's underage drinking or other problem activities.

I understand in extreme cases of misconduct, my parents/legal guardian and legal authorities will be notified, regardless of the time. In these cases parents/legal guardians will be financially and/or physically responsible for participant's transportation home from school/event.



If I become aware of any violation of this Code of Conduct by anyone, it is my responsibility to notify my supervising adult as soon as possible.



## Scenario 3



Ann is a senior girl who has been in her parish's youth group since freshman year.



The parish just brought in Joe

to work with the youth group, a guy whose family has been friends with Ann's for years. These two have grown up together, and now they're interested in dating.

Any problem?

## Scenario 3 cont.

Yes. These two are not peers in this situation. As a youth minister Joe has accepted a role of leadership and mentoring, and he's there to minister to Ann.

They are not truly equals because as a supervisory adult, Joe has authority over Ann. (This imbalance would exist whether he is an employee or a volunteer for the group.) Diocesan policy reminds the supervisory adult that he/she is to maintain professional boundaries.

# What are their options?

- If he's volunteering with the group, Joe could separate himself from the group so he could date Ann.
- If Joe's employed by the parish, Ann may choose to end her involvement with the group so the two of them could date.
- Or they could choose to maintain a lighter friendship without dating. Then when Ann's out of high school and not active in this youth group, they might wish to date. Joe will have to be extra careful about appropriate boundaries.

## Scenario 4:

- You and Sue play on the parish's/school's softball team. This year the team has added a local college student as a batting coach, and Sue thinks he is so cute. First she started batting worse so he'd give her extra attention. Then she started talking to you about how she was going to convince him to go out with her.

What are the issues?

What should you do?





## Scenario 4 Cont.

The coach has signed a Code of Conduct that states, in part:

**“I will not maintain inappropriate relationships/friendships with a minor...I will not have exclusive relationships with a minor...If I become aware of a minor desiring such a relationship, I will ask for assistance from the supervisor or pastor and exercise extra caution.”**

## Scenario 4 cont.



Not only must the coach not date Sue, she's putting him in a situation where he may have to separate himself from the team if she keeps pursuing him.

If Sue doesn't notice this or doesn't care even after you've talked to her about it, you may need to tell another trusted adult who can help intervene.

## **Scenario 5:**

What a great pair of shoes!

Rob tells you the coach got them for him because he thinks he has potential, but Rob's not supposed to mention it to his parents or they might feel bad that they couldn't afford to buy them for him. Any problem?

# Scenario 5 cont.

- Could be. The coach's Code of Conduct includes the following:

**“I will not accept expensive gifts from minors or their parent/guardian without prior written approval from the pastor or administrator. Neither will I give expensive gifts to minors without prior written approval from the parent/guardian and the pastor or administrator. Small gifts or privileges are not to be given to minors without the presumed knowledge and permission of a parent/guardian.”**

## Scenario 5 cont.

- When someone spends a lot of money on someone else, often the receiver of the gift can feel that he/she owes the giver something: blind loyalty or obedience or some future unnamed obligation. That's why gift-giving should always involve the knowledge of those who can help make sure that there's no intended buy-off for secrecy, loyalty, etc.

It is the responsibility of the parent/guardian to see that youth arrive and are picked up at designated times to avoid violation of the Diocesan Policy.

This also applies to teens who drive themselves.



**The Diocesan Policy states, “at least two supervising adults should be present when there is only one minor, and at least two participants should be present when there is only one supervisory adult.”**



# Scenario 6:

- The bus is getting back late, and everyone's tired. While the bus was still 20 minutes out of town, the leader told everyone to call so their rides would be waiting.  
Now they're back and the teens are all leaving except Jay and Emma. Diocesan policy states:

“at least two supervising adults should be present when there is only one minor...and at least two participants should be present when there is only one supervisory adult.”

Someone better decide on a plan quickly. What are the options?

# Scenario 6 -- Options

- Two adults stay so that when Emma's ride comes, Jay is not left with just one adult.
- If the second adult has to leave right away, then Emma's parent is asked to stay as the second adult until Jay's ride arrives.

Note: Parents are reminded that they have agreed to pick up their children on time to keep this situation from happening.

# Reminder

The Church wants you to be safe. We hope you use this training information and the Code of Conduct to protect yourself and others.



# Closing Prayer

God of justice and compassion,  
Protect all people from abuse,  
And deliver us from hate.

May we seek only justice and truth,  
And trust in your unending mercy.

We ask this through Christ, Our Lord. Amen.