

Grades 4-6 Alternative Safe Environment Training



I will treat everyone kindly and not harm them in any way either by words or actions.

Give an example of something nice you might say: _____



I will take only what is given to me and not take anything which belongs to others without permission.

How can I show respect for what belongs to others and be happy with what I have?



I will not be selfish. I promise to treat other boys and girls as if they were my brothers or sisters or best friends.

Give examples of treating others well



I will speak truthfully, kindly and gently and not tell lies or say hurtful things to anybody or about anybody.

How can a lie hurt someone else?



I will take care of my body and not use alcohol or drugs. I will not possess, use or threaten use of any object to injure another person.

God made our bodies and they are special. Why should we take good care of them?



I will follow the instructions of my adult supervisors to the best of my ability.

Give an example of following instructions.



I will follow established rules of my school/parish and take responsibility for my own actions.

Why is it important to follow rules and take responsibility for what we do?

What happens when we blame someone else for something we did?



If I become aware of any violation of this Code of Conduct by a peer, it is my responsibility to notify my supervising adult as soon as possible.

Give an example of when it would be best to notify a supervising adult when we see something happen that is against the Code of Conduct.

I understand the Diocesan policy that states: "at least two supervising adults should be present when there is only one minor, and at least two participants should be present when there is only one supervisory adult." I will be careful and abide by this rule.

Besides family members, I should never be alone with another adult.



Give examples of places where I need to be careful not to be alone with an adult.



When someone touches you in a way that makes you feel uncomfortable, you must tell an adult you trust, such as your parent or teacher. No one should make you feel bad or embarrassed by their touch.

List the names of people you could tell when you have been touched by someone that made you feel afraid, uncomfortable or embarrassed.

REMEMBER:

- Adults don't ask young people for help: they ask other adults.
- You should never go anywhere with anyone who says you have to leave with him or her to receive a gift.
- Be careful when people use words to trick you to go somewhere with them by telling you they want to show you something you like or that is fun.
- You should never leave a store, mall, or park with anyone without your parents' permission.
- Never go with someone when they tell you your parents are sick or have been in an accident and told them to pick you up unless they are someone you know and they know the password. Always use a special password that you and your parents have before you go with anyone. If they don't know your password, they are not safe.
- Never go with someone who wants you to play a "special" game with them. If the game isn't being played in front of people you know and trust, that's a big sign of danger.
- When someone threatens to hurt you, your pets, your brothers and sisters, or your parents if you do not do what he or she wants, you should tell someone you trust right away. They will not hurt you if you tell.
- You should not trust any messages you get over the Internet from adults you do not know. Remember, sometimes adults pretend to be young people on the Internet.
- Never set up secret meetings with anyone you meet over the Internet.
- If someone does something that makes you feel uncomfortable or unsafe, trust yourself! Get away, and tell an adult you trust.

WHAT WOULD YOU DO?

What if someone told you they were hurt and needed help?

What if someone told you they would harm you or your family if you didn't do what they told you to do?

What if someone told you your mom asked them to pick you up?

What if someone offered to buy you something you really wanted, something really expensive, if you spent time with them?

What if someone came up to you, opened their coat, and you saw that they were wearing nothing underneath?

REMEMBER:

- Sometimes, no matter what a young person does, he or she cannot escape being touched in harmful ways.
- It is never the young person's fault if she or he is abused.
- No young person causes (or makes) an adult want to harm him or her.
- When abuse does occur, it is extremely important to tell someone about it. It is common for an abuser to continue to abuse the young person or other young people unless the victim tells someone what happened.
- When we seek out help, we are saying, "What was done to me was not okay" and "I don't want to be hurt anymore." Talking to an adult can help stop the abuse and can provide us with the tools and help we need to stop hurting and start healing. Plus, telling an adult will likely keep the abuser from hurting anyone else.
- No secret is a good one, especially a secret related to being sexually abused.

VERIFICATION

I verify that _____
(student's name)

completed the Alternative Grade 4 – 6 Safe Environment Training at

_____ on _____
(name of parish or school) (date)

(signature of Pastoral Minister/Catechist/School representative)